

IV Medication for Sedation: Information and Consent Form

Intravenous sedation makes lengthy or complex dental treatment more comfortable and easy for you. It can help remove anxiety, stress, discomfort, memory and awareness of the procedure. You enjoy a relaxing sleep whilst you maintain your ability to breathe for yourself, maintain your reflexes and your ability to respond to us if required. You will still receive a local anesthetic after you are sedated. Following your procedure you will be given appropriate recovery time in which you will be closely monitored.

Our practice is specially equipped for IV sedation treatments; however as with any anesthetic procedure it is not without risk. These risks include but are not limited to:

1. You may be relatively aware of the procedure.
2. You may experience nausea and vomiting.
3. You may remain drowsy and lack time and space judgment after the procedure is completed. This could last up to 8 hours.
4. Discoloration of the skin or bruising in areas of access to veins or attempted access may persist for some time.
5. You may experience complications including but not limited to respiratory depression, persistent generalized pain, areas of numbness, swelling, bleeding, allergic reactions and pneumonia.
6. There is an EXTREMELY remote possibility that complications may require transportation to a hospital for treatment. Serious complications may result in brain damage, myocardial infarction, cardiac arrest, stroke, coma or death.

Things to know prior to your sedation appointment:

1. You will need an escort. The onset of the medication is almost immediate and the peak effects last approximately an hour. After that, it starts wearing off and most people feel back to normal after 2-4 hours. For safety reasons **do not** drive or operate machinery for 24 hours following your sedation.
2. You **should not eat or drink anything** for at least **8 hours** prior to your surgery to ensure a safe and effective sedation procedure.
3. Please let us know if:
 - a. you have a known allergy to benzodiazepines (Valium, Ativan, Versed, etc.) or Fentanyl
 - b. you are pregnant or breast feeding
 - c. you have liver or kidney disease
 - d. you have severe asthma, respiratory, or significant seizure disorder
 - e. you have narrow angle glaucoma
 - f. you have a diagnosed supraventricular tachycardia
 - g. you are taking nefazodone (Serzone) or levodopa (Dopar or Larodopa).
4. If you are taking an **MAO inhibitor (Marplan, Nardil, Emsam, or Parnate)** inform the Doctor as this is a contraindication to sedation.
5. If you are taking any illegal drugs, inform the doctor as this could adversely affect the sedation drugs.
6. Read the "post-operative" instructions and follow them. Call our office at **(703)591-5637** if you have any questions or concerns. After hours, the answering service will be able to reach the doctor on call.

I understand these considerations and am willing to abide by the conditions stated above. I have had an opportunity to ask questions and have had them answered to my satisfaction.

Signed (patient) _____ Date _____

Signed (guardian if <18) _____ Date _____

PRINT name (patient/guardian) _____

Doctor _____ Date _____