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DMD



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QuickSplint Instructions

You have been fitted for a **QuickSplint** for the purpose of:

- Short term relief of acute temporomandibular joint (TMJ) pain
- Diagnosing bite problems and/or comprehensive treatment planning



Instructions:

- Please wear the QuickSplint at night time **only** for 2 weeks. The Quicksplint is to be removed, rinsed, dried and stored in the container given to you by your dentist.
- Take anti-inflammatory meds (Ibuprofen / Steroids) as prescribed.
- Please wear the QuickSplint at night time the night before your next scheduled appointment and **do not** remove other than for normal oral hygiene in the morning. The QuickSplint is to be worn into the office and **not** removed until instructed by your dentist.