



What to expect after your crown visit

You may have soreness in the gums today and tomorrow. Take Advil or Motrin and rinse with warm salt water if this is the case. If the tooth is sensitive to bite on, or aches for more than a few seconds after drinking something hot or cold, call the office.

We have placed a plastic crown on the prepared tooth with temporary cement so we can get this plastic crown off when you return in 2 weeks. To prevent the temporary crown from falling off or breaking, please follow these instructions.

- Call the office at (703) 591-5637 if the temporary feels “high” in your bite or if your bite feels off; this can loosen or break the crown. We will adjust it to fit better with the opposing teeth.
- Avoid chewy or sticky foods; they can pull the crown off. Gum will stick to the plastic and may not come off.
- Avoid hard foods, like nuts; they can break the crown.
- It is good to floss around the temporary crown because food may get trapped around it (this will be resolved with the final crown). Do not lift the floss away from the gums, though; this can pull the crown off. Pull the floss through to the side instead.

If the crown falls off, call the office to have it put back on, then clean it out with a Q-tip and try to re-seat it. There is only one way it goes in—do not force it. If you can't come in to have it cemented right away, dry the crown and tooth and put it back in with denture adhesive (available in any pharmacy). If the crown breaks, it needs to be remade. **Without a temporary crown the tooth will move and the final crown will not fit.**

When you return for the final crown, we will take the temporary crown off and fit the final crown. When it is cemented on, you can go back to your normal eating and flossing routine. Remember that the final crown also has a lifespan. It will last longer if you floss regularly and avoid sugary drinks, candy, and sweets (crowns can still get decay around the edge). If you have any questions please call the office at **(703) 591-5637** or visit us online at **www.doctor-k.com**